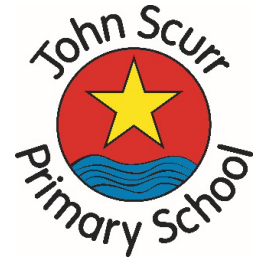


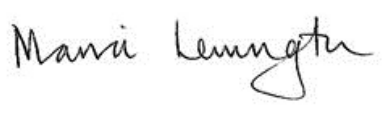
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Intimate Care Policy

Reviewed by:	General Governing Body
Date Implemented:	
Date Amended	2026
Next Review:	2027
Ratified by Governors:	2026
Governor Signature:	

John Scurr Primary School

This policy outlines the procedures for supporting pupils with toileting, nappy changing, and personal hygiene needs in a safe, respectful, and dignified manner, in line with Tower Hamlets guidance.

1. Aims

The school aims to:

- Safeguard and promote the welfare of pupils
- Protect children's dignity, privacy, and wellbeing
- Support pupils with toileting and personal care needs
- Ensure intimate care is carried out safely and respectfully
- Work in partnership with parents/carers

2. Definition of Intimate Care

Intimate care includes:

- Toileting support
- Nappy changing
- Cleaning and changing after toileting accidents
- Assisting with handwashing and hygiene
- Changing wet or soiled clothing

3. Staff Responsibility

Providing intimate care, including nappy changing and toileting support, is a shared responsibility of all staff members caring for the child.

No child should be left waiting unnecessarily for support. Staff are expected to provide care respectfully and professionally as part of their duty of care, unless there is an agreed safeguarding, medical, or exceptional circumstance preventing them from doing so.

Children requiring intimate care will be supported according to their developmental and physical needs.

4. Principles of Care

All pupils will be treated with dignity and respect at all times.

Staff will:

- Encourage independence wherever possible
- Explain what they are doing to the child
- Provide privacy during care

- Reassure children sensitively
- Encourage older children to participate in their own care where appropriate

Where developmentally appropriate, children may be changed in a standing position to support dignity, independence, and reduce unnecessary lifting.

5. Safeguarding

Intimate care arrangements will follow the school's safeguarding procedures.

Staff must:

- Maintain professional boundaries
- Report concerns immediately to the Designated Safeguarding Lead (DSL)
- Record any unusual marks, bruising, soreness, or disclosures made by the child

Another adult should be aware that intimate care is taking place.

6. Toileting and Nappy Changing Procedures

Staff will:

- Wash hands and wear disposable gloves and aprons
- Explain the process to the child
- Support children discreetly and respectfully
- Encourage pupils to change independently where possible
- Use standing changes for older children where appropriate and safe
- Clean and disinfect changing areas after use
- Securely bag and return soiled clothing
- Wash hands thoroughly after all intimate care tasks

Children will never be punished or embarrassed for toileting accidents.

7. Partnership with Parents/Carers

Parents/carers will be informed where a child requires regular intimate care support.

The school may agree an individual care plan with parents/carers which outlines:

- the child's needs,
- level of support required,
- changing arrangements,
- supplies required.

8. Staff Training

Relevant staff will receive training in:

- safeguarding,
- hygiene and infection control,

- intimate care procedures,
- promoting dignity and independence,
- safe moving and handling practices where required.

9. Equality and Inclusion

No child will be excluded from school activities because they require toileting or intimate care support.

The school will make reasonable adjustments to support pupils with additional needs.

10. Monitoring and Review

This policy will be reviewed annually by the school leadership team.